Chronic Kidney Disease Program



AT OUR CHRONIC KIDNEY DISEASE PROGRAM, we are

dedicated to providing comprehensive care and support for individuals living with kidney disease. Our team of experienced healthcare professionals is committed to helping our patients manage their condition and improve their quality of life. We offer a range of services and resources to meet the unique needs of each patient.

OUR NEPHROLOGIST, DR. VOHRA

has 14 years of experience in treating kidney diseases. He is board certified by ABIM Nephrology Board (2014) and the ABIM Internal Medicine Board (2009 and 2019). Dr. Vohra is currently associated with Lahey Beverly Hospital and Lahey Burlington Hospital and Medical Center as a Nephrology and Hospital Medicine attending physician.

Dr. Parag Vohra has significant experience in providing dialysis care with expertise in home-hemodialysis and peritoneal dialysis.

Contact us today to take the first step towards better kidney health.

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DIALYSIS SERVICES

For patients requiring dialysis, we offer state-of-the-art facilities and experienced dialysis staff. We provide in-center hemodialysis and transportation to out-patient dialysis, ensuring our patients receive the most appropriate and convenient treatment (depending on local transportation availability).

NUTRITIONAL COUNSELING

Our registered dietitians work closely with patients to develop personalized meal plans that support kidney health. They provide guidance on managing fluid intake, controlling sodium and potassium levels, and making healthy food choices.

MEDICATION MANAGEMENT

Our team of healthcare professionals closely monitors medication regimens, ensuring that patients receive the right medications at the right doses. We also provide education on medication adherence and potential side effects.

EMOTIONAL SUPPORT

Living with a chronic condition can be emotionally challenging. Our social workers are available to provide counseling and support to patients and their families, helping them navigate the emotional aspects of kidney disease.

PATIENT EDUCATION

We offer educational resources and workshops to help patients and their families better understand kidney disease, its management, and lifestyle modifications that can improve outcomes.